

## Acupuncturist in St. John's

Acupuncturist in St. John's - Intravenous therapy or also called IV therapy is the giving of substances directly into a vein. Intravenous therapy can be used to deliver medications, for blood transfusions and to correct electrolyte imbalances. It can likewise be used as fluid replacement to be able to correct, like for instance, dehydration. The intravenous route is the fastest way to deliver fluids and medications throughout the body. Some medications, as well as lethal injections and blood transfusions, can only be given intravenously.

Intravenous Vitamin C therapy is an alternative remedy utilized for various medical conditions like for instance cancer. Although there is still controversy around this particular form of treatment, a lot of centers dedicate particular treatment regimens. Some of the reputed benefits of Vitamin C therapy comprise: increasing the quality of life and prolonging survival. Vitamin C is effective in preventing systemic free radical injury and corrects an ascorbate deficiency, which is often found in cancer patients. Vitamin C inhibits hyaluronidase. This is actually an enzyme made by cancer cells which is responsible for the breakdown of healthy tissue, resulting in tumor progression and metastasis. Vitamin C likewise works synergistically conventional with different traditional cancer therapies.

Other names for Vitamin C, include: L-ascorbate or L-ascorbic acid. It is an important nutrient for human beings and various animals. It is a prime antioxidant and protects the body against stress caused by oxidation. Vitamin C is also a co-factor in at least 8 enzymatic reactions comprising various collagen synthesis reactions that cause the most severe signs of scurvy when they are not working correctly. In animals, these enzyme reactions are extremely vital in preventing bleeding from wound-healing and capillaries.

### Vitamin C Mega Dosage

There are numerous organizations and people who advocate large doses of Vitamin C, in excess of ten to one hundred times over the Recommended Daily Intake or RDI. They take these amounts either orally or intravenous therapy. There have yet to be randomized, large clinical trials on the circumstances of high doses done on the general people. Linus Pauling spent a large portion of his life advocating the use of mega doses of vitamin C. He believed the established RDA was sufficient to prevent scurvy but not necessarily a high enough dosage for optimal health.

Mega doses of vitamin C have been utilized in the prevention and treatment of different conditions such as coronary disease, the common cold and cancer. Current RDI for vitamin C is 60 mg although, several references quote at least 30 mg and others state we should have at least 100 mg per day. Individuals taking a mega dose can ingest anywhere from 500mg to 1000 mg on a daily basis but the side effect of diarrhoea can be a common problem for individuals who ingest large amounts.