

Registered Massage Therapist St. John's

Registered Massage Therapist St. John's - An individual who works with energy fields surrounding the animal or human body is known as an energy healer. The fields of energy that surround living things have been known as chakra energy, aura body, chi, qi, or the energy body. To an energy healer, the name is not as vital as the effects of working with it.

Healing with energy fields is an important component to whichever holistic healing plan for the reason that the energy fields surrounding our human body and the other things surrounding us are intimately associated to our overall health. Energy work is linked with the gateway of the Spirit. The Body Gateway is related with physical healing, the Mind Gateway is related to emotional and mental healing and the Spirit Gateway is associated with energy healing.

It is normally thought by lots of energy healers that every dis-ease starts from and can be healed through working along with the energy body. For example, if you have respiratory issues, you may have a block around your lungs. After an energy healer unblocks that particular area, your respiratory concerns should decrease or disappear.

Depending on the system they work with, energy healers function in various ways. The basics are the following: exorcising negative fields, unblocking, re-routing and charging with light. Your local metaphysical store or spiritual bookstore may be able to put you in touch with an energy healer if you feel this might be best for you.